



Message Reflections

November 6, 2022

"The choicest believers, who are assuredly freed from the condemning power of sin, ought yet to make it their business all their days to mortify the indwelling power of sin...be always at it while you live. Cease not a day from this work. Be killing sin or it will be killing you." - John Owen, The Mortification of Sin

Read: Romans 8:1-17; Galatians 5:16-25

Romans 8 makes one thing clear: Living by the Spirit is not automatic. A decision is required. You must choose to live by the Spirit's power. It doesn't happen by chance.

Reflect:

- Would you say that you are led by the Spirit? Why or why not? Do you follow your own course, or do you lean on God to guide you? How can you become more dependent on the Spirit to direct you?
- Why is "putting to death" an appropriate description of what must happen to the sinful nature? How do you practically crucify the flesh?
- Don't simply try to change your behavior or your feelings. Ask yourself, "Why am I gratifying my sinful nature this way? How am I looking to get myself security, satisfaction, or significance rather than allowing Jesus to give it to me?"

If you know Jesus Christ, it ought to make a difference in every area of life: the way you speak, the way you talk, the way you write, the way you relate, and the way you make decisions in your life.

Prayer:

- Thank God for sending His Spirit to dwell within us. (Romans 8:11)
- Thank God for sending His Son to give us freedom and life by His sacrifice. (Romans 8:2)
- Ask God to help you set your mind on the Spirit instead of on the flesh. (Romans 8:4-8)
- Ask God for the courage to suffer for Jesus' sake, wherever that becomes necessary. (Romans 8:17)