



## **P46: Putting it All Together...**

**Palm Sunday:** The beginning of Holy Week

### **Luke 11:1-13: Jesus' Teaching on Prayer**

- **vv. 1-4:** Jesus' Practice and Model of Prayer
- **vv. 5-8:** Parable on Boldness in Prayer
- **vv. 9-13:** Ask/Seek/Knock....The Heavenly Father Gives Good Gifts
  - The Holy Spirit

### **Making It Personal:**

- How will I continue a pattern of prayer in my life?

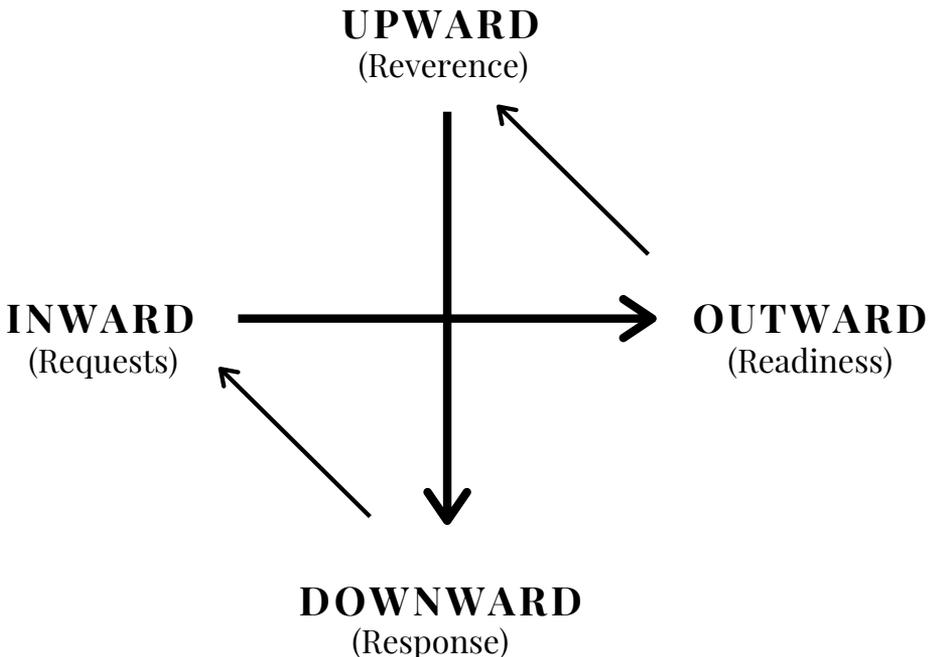
# WORSHIP - BASED

*prayer*

## Discover the Biblical Prayer Pattern That Jesus Prescribed:

- It is Scriptural. It is based on the “Lord’s Prayer”, or the model prayer, in Matthew 6.
- It draws people’s focus toward God, as opposed to their own needs or requests.
- It provides a model to experience life giving prayer that can be applied to nearly any passage of Scripture.

## THE 4/4 PATTERN OF PRAYER:



## **UPWARD: REVERENCE**

“...Our Father who is in heaven, Hallowed by Your name.”

~Matthew 6:9

Helpful Prayer Focuses:

- Praising God for His attributes/character
- Offering thanks for what He has done
- Not asking for anything, just worshipping

## **DOWNWARD: RESPONSE**

“Your kingdom come, Your will be done, on Earth as it is in Heaven . . .”

Helpful Prayer Focuses:

- Worshipful response to who God is
- Acknowledge and surrender to God’s will
- Listening, allowing God’s Spirit to speak; then obeying

## **INWARD: REQUESTS**

“Give us this day our daily bread. And forgive us our debts, as we also have forgiven our debtors.”

Helpful Prayer Focuses:

- Offering requests in accordance with God’s will
- Passionate petitions of personal needs

## **OUTWARD: READINESS**

“And lead us not into temptation, but deliver us from the evil one.”

Helpful Prayer Focuses:

- Putting on the “Full Armor of God”
- Claiming God’s Promises for the battle
- Knowing He will answer
- Focusing on His glory above all else

# *Maundy Thursday*

## FAST

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“The tendency of fire is to go out; watch the fire on the altar of your heart. Anyone who has tended a fireplace knows that it needs to be stirred up occasionally.”

– WILLIAM BOOTH



## **INVITATION:**

Participate in a 24-hour food fast, beginning at 6:30pm on Wednesday, March 31, and concluding at the Lord's Table during the Maundy Thursday service on April 1. (Note: Fast only if your health allows it at this time. If you are only able to do a partial fast, do it in faith and God will honor your intentions.)

## **PURPOSE:**

We began Lent together by learning about fasting and many have chosen to fast from something during the P46 series. Through fasting and prayer, the Holy Spirit can transform your life. By entering into a 24-hour fast as Lent draws to a close, it will give us the opportunity to reflect on what God has been teaching us.

**READ MATTHEW 6:16-18**

## **SPIRITUAL FASTING:**

The physical denial aspect of fasting is necessary to clear the way for finding or restoring spiritual clarity. Fasting is not just denying yourself food. It is exchanging the needs of the physical body for those of the spiritual.

Although fasting can be an indescribable blessing, it is not always easy for everyone. In this time of discipline, self-sacrifice and reflection, do not be surprised if you experience mental and physical discomforts.

You can use the time you would normally spend eating as time in prayer for what God wants to do in your life and among us as we conclude the P46 series. The following prayer guide uses the 4 by 4 rhythm of prayer and has Scripture for you to read as you enter into a more intimate time with God to maintain your fast to its completion.

## PRAYER GUIDE

In preparation for this special time with God, begin by **RESTING** in the presence of God. When praying, make your primary goal to know Jesus more and experience Him. Focus first on what's right about Him, such as His goodness and His greatness, and see everything else through that filter.

**REVERENCE:** Psalm 66:16-20; 1 Chronicles 29:10-13

- “Heavenly Father, I thank you for Your wonderful work of...”

**RESPONSE:** Psalm 24:3-4; Mark 14:32-36

- “Holy Spirit, help me eliminate distractions like \_\_\_\_\_, and restore the priority of prayer in my life.”
- Ask for God’s will to be done in your life and at Remembrance Church.

**REQUEST:** Psalm 9:10; Jeremiah 29:13; Colossians 3:2

- “During this fast, I am praying and believing God for these specific needs...”
- How will you continue to pray and seek God’s face when our P46 series is over? Ask God to guide you in your next steps.

**READINESS:** Psalm 86:6; Psalm 80:18-19; 2 Chronicles 7:14

- “Jesus, help me overcome the opposition of \_\_\_\_\_ as I seek to make prayer the central activity of my life.”
- Ask for spiritual strength against an enemy attack.

# Daily Encouragement

Use these passages and prayer prompts  
to begin and end each day.

## **SUNDAY - 3/28**

**AM:** Luke 19:35-36

Father, thank you for sending Jesus as King to save me...

**PM:** Luke 19:37-38

I praise Jesus as Lord and Savior of my life...

## **MONDAY - 3/29**

**AM:** Matthew 21:12

Father, what is it in my life that needs to be "cleared" today...

**PM:** Matthew 21:13

Lord, may my life be characterized by prayer...

## **TUESDAY - 3/30**

**AM:** Matthew 22:34-38

Father, may I love You with all my heart, soul and mind today...

**PM:** Matthew 22:39-40

And Father, may I love my neighbor as myself...

## **WEDNESDAY -3/31**

\*This is "Silent Wednesday", where Scripture does not record any events.

**AM:** Psalm 46:10

Lord, may I "be still and know that You are God"...

**PM:** Psalm 46:10

Lord, may I "be still and know that You are God"...

## **THURSDAY -4/01**

**AM:** John 13:2-5

Jesus, thank you for showing me what it means to serve...

**PM:** John 13:14-17

Father, may I serve and lead as Jesus did...

## **FRIDAY -4/02**

**AM:** Matthew 27:45-46

Father, I praise You for Jesus' work on the cross for sin...

**PM:** Matthew 27:50-53

Lord, thank you that You have broken down the dividing wall...

## **SATURDAY -4/03**

**AM:** Matthew 27:59-60

Jesus, thank you that You experienced death in a tomb for me...

**PM:** Matthew 27:62-64

Father, thank you for the truth of Scripture...

## **SUNDAY -4/04**

Matthew 28:1-7

**HE is RISEN!!!**