



**What?** Discipleship Triads are groups of 3-4 people on a journey of maturing in Christ, as well as learning to disciple others.

**Why?** We have been called to make disciples! Disciple-making is fundamentally a relational process of lives sharpening lives. The intentionality of regularly meeting in a Discipleship Triad shifts our priorities by making this a centerpiece of our week, and teaches us how to grow as disciples and to make disciples.

**How?** Form a covenant to meet weekly around a discipleship material, growing in transparency while applying God's Word honestly to your life.

**Who?** Pursue those of the same gender who seem to have an openness to explore all they can be in Christ, regardless of their level of maturity. As a general rule of thumb, a variety of ages and years of experience in Christ only adds to the richness of the group. Gender-specific groups foster transparency.

**When?** We would recommend meeting weekly for 90 minutes at a time convenient to the group members. Approximately 30 minutes of time is devoted to personal sharing, while the remaining time is used to cover the Bible content (this also usually leads back to personal application) and a time of prayer.

**Where?** Find a place where there is freedom to be transparent about your life (quiet nook of a restaurant, private home, church, etc.).