



Message Reflections

January 6, 2019

Brian Welch went through fame and fortune as an overwhelmingly popular musician in the band Korn. He was trying to live up to an image he felt had to be met, a lie that quickly overtook his life. It wasn't until realizing he had become like an "animal," in doing things that were harmful to himself and others, that things began to change. He met God through someone who cared enough to share Christ, but didn't cram Jesus down his throat. As he began to dig into God's Word, his heart changed. Page by page he heard God speaking to him. Brian had discovered that if he lived with a new addiction, one that was focused on running to God, that a peace and presence would not only change him once, or carry him through, but would keep carrying and changing him. This new passion for God in Brian's life led to a dismantling of anxiety and a filling of trust and peace, even when it seemed there could be none.

Sometimes hearing the voice of truth, that is, the voice of God above all the noise, can be hard. We all find ourselves drawn to thinking or doing certain things for different reasons. If we're honest, we all have some kind of addictive behavior. **As you sit in silence for several minutes, think about this and ask God to reveal what the addictions in your life look like.** Here's a clue, sometimes asking how you feel about things can point to a need we try to fill. Sometimes we find it hard to fill the need, so we find things we can do and this becomes a temporary distraction. These point to addictions.

Now, as you think about your personal addictive behaviors or tendencies, remember that God invites us into a solution of His presence, provision and overwhelming peace. We are invited to surrender, to run to Him, bringing our requests and being loved in the nearness of God. Hear these words above the noise in your life. Meditate on the peace God gives to those who run to him...*Philippians 4:4-9.*

Dave