



## **Message Reflections**

December 2, 2018

### **Read: Colossians 3:1-10**

Paul gives us a list here of things we are not to do, but the truth is, we all have a list of our own. Things that we used to do that we shouldn't continue to do. It doesn't matter how long you've been a Christian; there are things that you used to do that have no place in your life today.

- Do you know your list? Take a second and think about what goes on that list for you. Now ask God if there is anything else that belongs on that list.
- What is the most difficult aspect of your "earthly nature" to give up or "put off"?

The Christian life is supposed to be full of the newness of life in Christ. It is supposed to be something completely different from how things were before Christ. We were dead, now we are alive!

- As you look back over your life in Jesus Christ, can you see a progression in behaviors, words, and thoughts that the Holy Spirit led you to exchange?

### **Read: Ephesians 4:20-32**

- What would your life look like if you lived your life free from these behaviors? Would you have more energy, more joy, more peace? What difference would this make in the lives of those around you: your spouse, your children, your workplace, your church?
- Are you pursuing spiritual change all by yourself or have you found some fellow brothers and sisters with whom you can be transparent and accountable?

Jesus is our model for Godly character and behavior. How can you keep Jesus in the forefront of your thinking on a daily basis so that you might "copy" the ways in which He thought, spoke, and acted?

The good news of the gospel is that God changes our sin nature so that we are no longer in bondage to sin. In other words, we no longer have an overriding compulsion to sin. Rather, the Spirit of God frees us so that we might have an overwhelming desire to do what is right in the eyes of God.